

Variable	Mean	SD	Min	Max
Age	38.5	12.5	25	65
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Education	12.5	2.5	9	16
Income	3500	1500	1000	8000
Health status	0.5	0.5	0	1
Exercise frequency	2.5	1.5	0	5
Stress level	4.5	1.5	1	7
Sleep quality	3.5	1.5	1	6
Diet quality	4.5	1.5	1	7
Work-life balance	3.5	1.5	1	6
Family support	4.5	1.5	1	7
Community involvement	3.5	1.5	1	6
Life satisfaction	5.5	1.5	3	7
Overall well-being	4.5	1.5	1	7

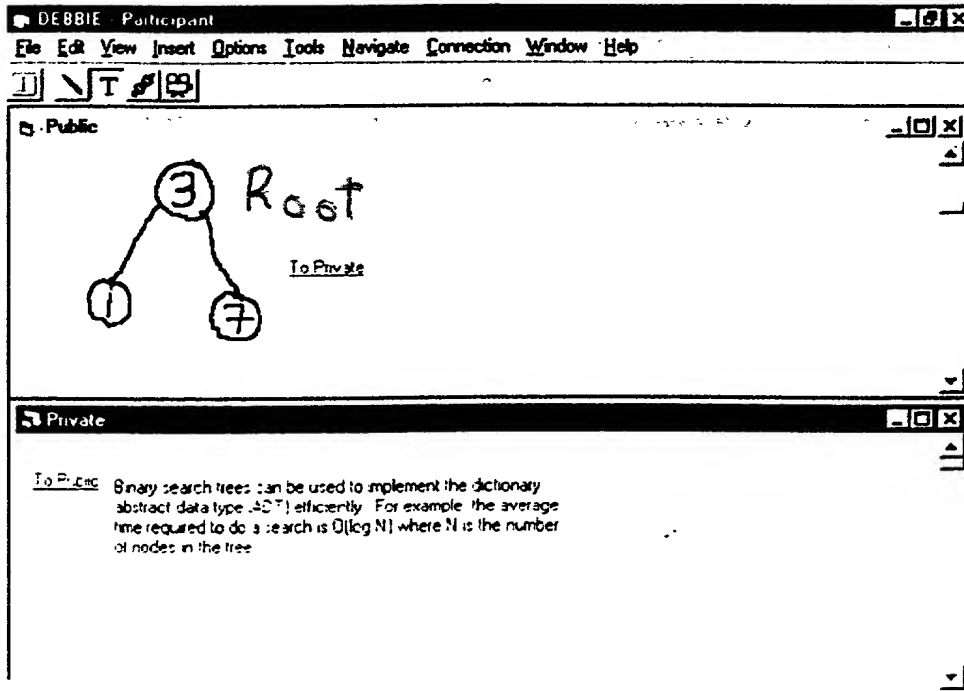
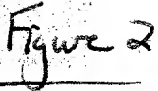


Fig. 3

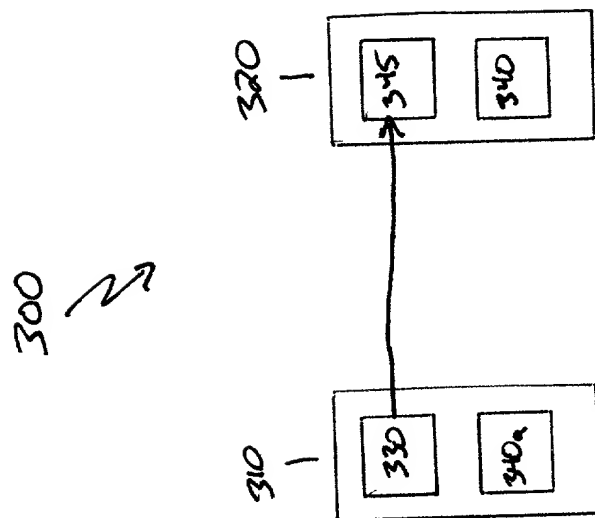


Fig 4A

Fig 4B

FIG. 4A-FIG. 4B

FIG. 5

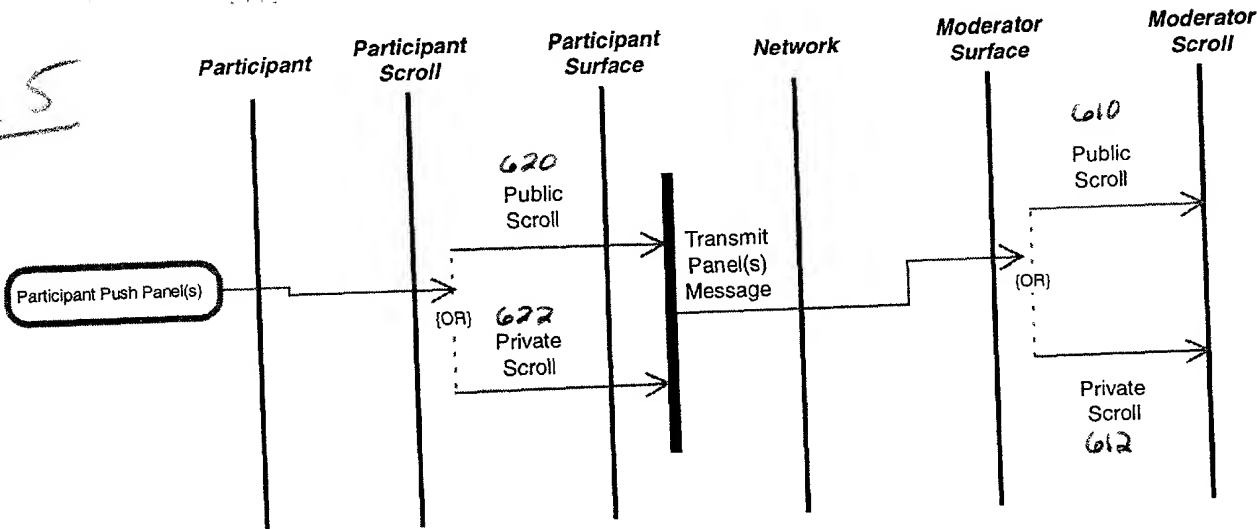
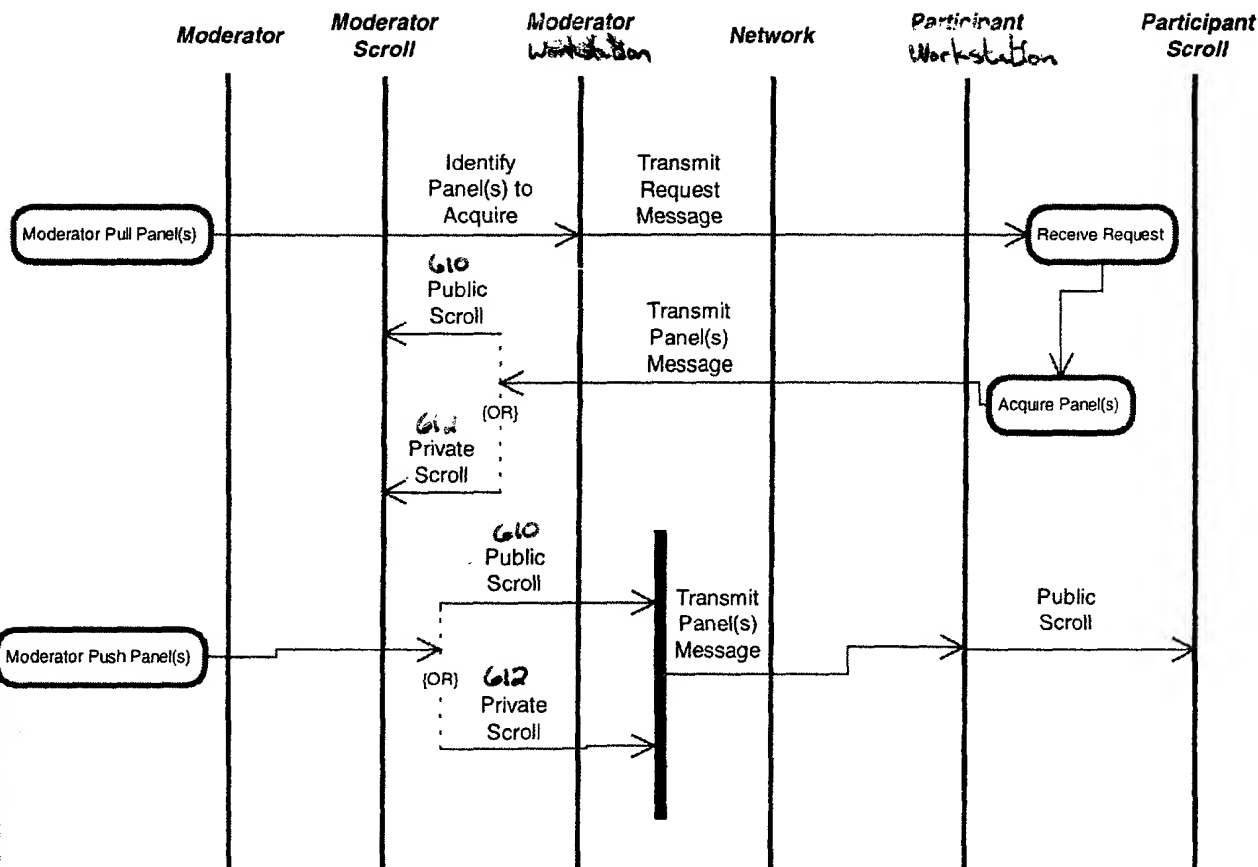


Figure 6

310

# Scrolls

Public Scroll  
(Q)

Private Scroll  
(P)

Scroll Panel  
 $Q_n - 1$

Scroll Panel  
 $P_m - 1$

Display

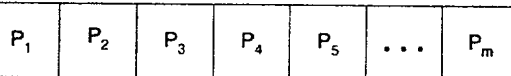
Scroll Panel  
 $Q_n$

Scroll Panel  
 $P_m$

Scroll Panel  
 $Q_n + 1$

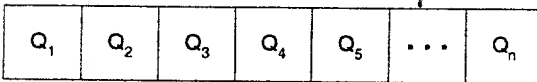
Scroll Panel  
 $P_m + 1$

612 -



Private  
Panels (P)

Public  
Panels  
(Q)



- 610

## Virtual Panels

0989431.070301

Figure 7

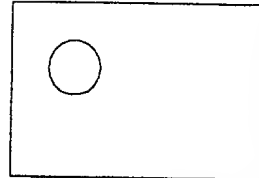
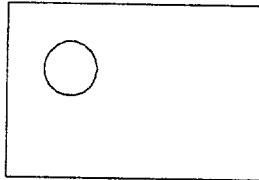
Object Selection

Object Sequence  
on a Panel

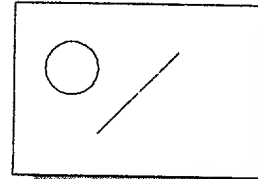
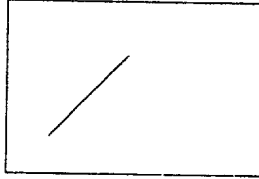
Panel Appearance  
on a Surface



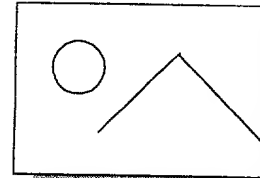
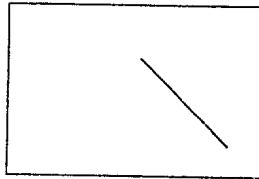
(Circle)



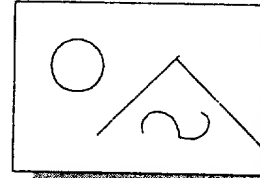
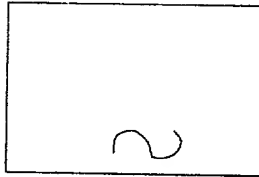
(Line)



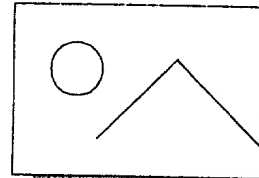
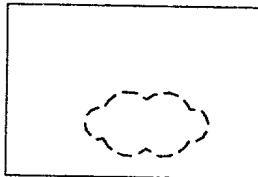
(Line)



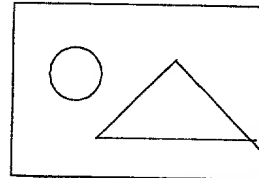
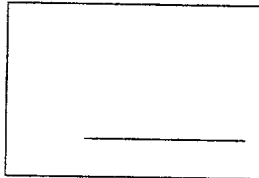
(Free Hand Pen)



(Erase)



(Line)



"hello world"

(Free Form Text)

